

HOCKEY PITCH FOOTWEAR GUIDELINES

RECOMMENDED FOOTWEAR



Dimpled Hockey Shoe
BEST PERFORMANCE



Astro Turf Trainers
BEST PERFORMANCE

ACCEPTABLE FOOTWEAR



Flat Soled Trainers
LIMITED GRIP



Clean Outdoor Trainers
LIMITED GRIP

FORBIDDEN FOOTWEAR



Studded Football Boots
DAMAGE THE SURFACE



Blades
DAMAGE THE SURFACE



Studded Rugby Boots
DAMAGE THE SURFACE



General Footwear
NO GRIP & DAMAGE SURFACE