



12th April Onwards

FAQ's

Welcome back to SBL Sports Centre and Wellsway Sports Centre! It has been a long break, but we cannot wait to get back, see you all, and see activity taking place once again on our amazing facilities.

The guidance around physical activity taking place indoors changed as of Monday 12th April. Below are some FAQ's you may find helpful:

Q: Can I go to the gym?

A: Yes! Our gyms are now open for use.

Q: What are your opening hours for the gym?

A: SBL weekdays – 3-9pm, SBL weekends – 9am-1pm

WW weekdays – 5-9pm, WW weekends 9am-1pm

Gym sessions start on the hour and last for 45 minutes. If you would like to stay longer, please make sure you are booked on to both sessions.

Q: Do I have to book?

A: Yes, pre booking your gym session is compulsory as we have limited spaces in the gym to comply with social distancing. You can book by visiting our websites (www.sblsports.co.uk and www.sportwellsway.com) and selecting 'GYM AND CLASS BOOKINGS'.

Q: Are you running exercise classes?

A: Not just yet, these will resume in May.



Q: I can't log in to the online booking portal, what do I do?

A: If you are struggling to access the online booking portal, please email us on scenquiries@wellswaymat.com and we will reset your details.

Q: Can I ring up and book?

A: You can, however we are still operating on a flexi furlough basis so will not have staff on site to answer the telephone throughout the day.

Q: Can I just turn up?

A: You can, and if we have available spaces you may go in. However, if we are fully booked we will not be able to allow you in.

Q: Can I play badminton?

A: Yes! The following are allowed to play:

- Adults from the same household
- Juniors (U18's)

Q: Can I play basketball?

A: Only juniors (U18's) are able to return for basketball at present.